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Bovine Colostrum & Infant Health

The importance of colostrum for infants who are not breastfed

Douglas A. Wyatt, Director of Research Center for Nutritional Research www.centerforactionresearch.org

Today, it is pasted immunity to all the disease-causing pathogens that the cow has encountered in her lifetime, including the antibodies she received from her mother – a broad spectrum pharmacy. The efficacy of any bovine colostrum supplement is determined by the antimicrobial activity of the specific antibodies and complement factors, which must be preserved during the manufacturing process. Immunoglobulins are easily assimilated into the newborn’s body via the GI tract. Colostrum-LD® has been tested for the active antibodies against the following disease-causing microbes:

Bacteria

- **Viruses**
  - Adenovirus
  - Alphavirus
  - Dengue virus
  - Echovirus
  - Epstein-Barr virus
  - Enterovirus 71
  - Hantavirus
  - Hepatitis C virus
  - Herpes viruses
  - HIV-1
  - Human papilloma virus
  - Influenza
  - Japanese encephalitis
  - Measles
  - Polio virus
  - Respiratory syncytial virus
  - Rotavirus
  - St. Louis virus
  - West Nile virus
  - Yellow fever virus

*It is important that diagnosis and evaluation of chronic symptoms be determined by qualified healthcare professionals. This statement is intended for informational purposes only.*
**Common Conditions Affecting Infants and Young Children**

**Diarrhea**

Diarrhea is especially lethal to infants and worldwide, it is the second leading cause of death in infants. Antibiotics are ineffective against virus-caused diarrhea, yet Colostrum-LD³ has antibodies against many pathogens, including rotavirus which is very common in infants in young children. Chronic diarrhea caused by opportunistic Cryptosporidiosis and rotavirus is potentially fatal in children with AIDS because it causes muscle wasting and insufficient nutrient absorption in the gastrointestinal tract. The immunoglobulins in bovine colostrum help fight pathogens and IGF-1 increases muscle mass.

**Respiratory Infections**

Infants, particularly those born prematurely, are most susceptible to diseases affecting the lungs and respiratory tract because their immune systems are not fully developed. Respiratory Viral Syndrome (RVS) is a common cause of infant mortality in the first two years. With no effective vaccine available, the administration of RVS immune prophylaxis is a viable solution. Research shows that lactoferrin and Proline-Rich Polypeptides (PRPs) in colostrum block entry of the virus into cells, either by blocking cellular receptors, or by direct binding to the virus particles. Seasonal influenza is also a concern for infants and young children, and in the absence of vaccination, bovine colostrum is a viable alternative. Viralox contains Proline-Rich Polypeptides (PRPs) and lactoferrin. This oral spray is easily administered to infants and young children. Colostrum-LD³ can be added to infant formula, milk, applesauce, yogurt for easy ingestion at most ages.

**Allergies (including Milk Allergy)**

Approximately one out of twenty infants is unable to tolerate the caseins in cow's milk/colostrum. Thus, cow's milk should not be introduced into the diet until this allergy is alleviated, so as to avoid any potential adverse reactions. Proline-Rich Polypeptides (PRPs) in colostrum modulate the pro-inflammatory cytokines, which can help improve or eliminate symptomatology of both allergies and autoimmune diseases. Additionally, PRPs inhibit the overproduction of lymphocytes and T-cells and ameliorate the major symptoms observed in allergies and autoimmune conditions (pain, swelling and inflammation). Colostrum IC³ (oral immune Concentrate spray) is suited for children under two years of age who have not yet been exposed to either cow's milk or cow's colostrum.

**Colostrum Supplementation: Literature Summary**


Bovine colostrum supplementation has also been shown to be a useful method, in addition to known medical and psychological treatments, to increase the weight of children with nonorganic failure to thrive (Panahi Y, et al. 2010).

Oral lactoferrin (a component of colostrum) prophylaxis reduces the incidence of late-onset sepsis in infants weighing less than 3.3 pounds and most effective in infants weighing less than 2.2 pounds (Pammi M, Abrams SA, 2011).

In a case study of a commercial hyperimmune bovine colostrum with potent anticytotoxic activity, a four year old child with AIDS and severe cryptosporidiosis-associated diarrhea experienced significant clinical improvement in the diarrhea and permanent elimination of the parasite from the gut (Shield J, et al. 1993). In another case study of bovine colostrum, a three year old child with acute cryptosporidiosis caused diarrhea was treated and recovered within two weeks (Heaton P 1990).

Lysozyme, which is added to formulas but found in colostrum naturally, is beneficial for the treatment of periodontitis and the prevention of tooth decay. Milk enriched with lysozyme has also been used to feed premature infants suffering from concomitant diseases. (Zimecki M, Artym J. 2005).

**Growth Factors in Bovine Colostrum**

**Growth Factors play an important role in maintaining the human body by stimulating cell growth, proliferation, differentiation and migration; responsible for repair of leaky gut epithelia; bone remodelling and maintenance; fracture repair; wound healing; increased collagen production; and growth of blood vessels into damaged areas. There is an increasing use of growth factors for the treatment of hematologic and oncologic diseases and cardiovascular diseases. The most significant growth factors in bovine colostrum for the infant/child's benefit include:**

- **Insulin-like Growth Factor**, **Epithelial/Epidermal Growth Factor**, **Transforming Growth Factor**, and **Vascular Endothelial Growth Factor.**

- **Insulin-like Growth Factor I (IGF-1)** – a protein hormone with a similar structure to insulin and a major fetal growth factor; promotes growth during gestation.
- **Epithelial/Epidermal Growth Factor (EGF)** – stimulates the proliferation and differentiation of epidermal cells, including the intestinal lining, to maintain gut integrity.
- **Transforming Growth Factor Beta 1 & 2 (TGF-β1, TGF-β2)** – controls cell growth, proliferation, differentiation, and apoptotic stimuli; promotes growth of IgA by B lymphocytes; is a vital factor in skeletal growth, bone mass maintenance, and fracture healing.

**Vascular Endothelial Growth Factor (VEGF)** – creates new blood vessels during embryonic development and new blood vessels after injury.

**VIRALOX™ Immune Oral Spray (PRPs)**

The Proline-Rich Polypeptides (PRPs) in Viralox are key to helping the immune system be more effective in fighting off viral and bacterial invaders. In other words, Viralox boosts the body's own immune system to eliminate pathogens and helps keep children from getting sick. And unlike over-the-counter cold and flu medications, Viralox treats the cause, not the symptoms. As noted on infant formulas: these are basically "junk food". Although infant formulas contain protein, fats, carbohydrates, vitamins, and minerals, they contain none of the living components present in bovine colostrum and mother's milk. Formulas simply cannot provide protection against disease-causing pathogens which attack an infant's immature immune system. If we rob children of these living components, bovine colostrum is the best substitute we presently have.

**A Case For Extended Breastfeeding**

To achieve the gastrointestinal benefits of bovine colostrum, it is crucial that the active components will bypass digestion in the stomach and be bioavailable for uptake and distribution to the body’s cells. Additionally, colostrum must be soluble for free dispersion through the GI tract as well as be able to readily disperse in the workplace, and the successful marketing of infant formulas. From 1900 to 1960, negative attitudes caused a significant decline in breastfeeding; however, the trend has been reversing. Experts now recommend that children be breastfed within one hour of birth (for mother's colostrum), exclusively breastfed for the first six months, and subsequently breastfed until age two supplemented with age-appropriate and nutritionally adequate foods.

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A note about breast milk sharing: a recent study showed that while good intentioned, 74% of breast milk samples were positive for particular Staphylococcus bacteria and 21% contained cytomegalovirus (a herpes-type virus). Another study reported that 10% of the human breast milk purchased over the Internet contained added cow's milk or infant formula. Proper handling and storage, temperature issues, dilution or contamination, as well as questions about a milk donor’s prescription or illicit drug use and alcohol consumption are definitely not an issue with Colostrum-LD³ supplementation. Mothers can feel safe knowing that Colostrum-LD³ is an alternative way to impart the "life-giving" substances without the potential risks of breast milk sharing. When mothers discontinue breast feeding before the age of two, bovine colostrum supplementation is strongly recommended for continued support and growth of all body tissue for optimum development and health.

**Liposomal Delivery & Standardization**

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Colostrum IC® (Immune Concentrate Oral Spray)

This super-concentrate of all of colostrum’s most important immune modulating components is key to helping the immune system remain balanced and effect during the allergy and autoimmune response. A world renowned PhD and colostrum specialist recently explained the attenuation of cow’s milk allergy: “Since many infants are unable to tolerate caseins in cow’s milk, Colostrum IC® is recommended for two weeks prior to introducing cow’s milk or cow’s colostrum into the diet, particularly if the child is under two years of age. PPRs and growth factors in bovine colostrum modulate the caspase sensitivity and restore homeostasis.”

A Case For Extended Breastfeeding

The newborn gut is unique in that it has not completed maturation at the time of birth and needs the growth factors and other components of the mother’s colostrum to complete its development. This incomplete development of the gut is of benefit to the newborn as it allows large proteins, such as immunoglobulins, to easily enter the body. Immunoglobulins in colostrum and mother’s milk bind to disease-causing pathogens on the mucosal cells of the gut, thereby preventing them from colonizing and causing infection. This modulation by the immune system creates passive immunity for the infant.

Early weaning or exclusive formula use depletes the child of the immunity provided by the mother. Immunoglobulins are not present in pasteurized milk or infant formula. Breastfeeding not only helps prevent disease in infants, but research shows that longer breastfeeding is associated with better mental health through childhood and into adolescence.

In modern times, the length of breastfeeding has been determined by social norms, mothers returning to the workplace, and the successful marketing of infant formulas. From 1900 to 1960, negative attitudes caused a significant decline in breastfeeding. However, the trend has been reversing. Experts now recommend that children be breastfed within one hour of birth (for mother’s colostrum), exclusively breastfed for the first six months, and subsequently breastfed until age two supplemented with age-appropriate and nutritionally adequate foods.

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Bacteria

Viruses

Fungus

Adenovirus
Alphavirus
Dengue virus
Echovirus
Epstein-Barr virus
Enterovirus
Hantavirus
Herpesvirus
HIV-1
Human Papilloma virus
Influenza
Japanese encephalitis
Measles
Polio virus
Respiratory syncytial virus
Rotavirus
St. Louis virus
West Nile virus
Yellow fever virus

It is important that diagnosis and evaluation of chronic symptoms be determined by qualified health care professionals under natural health care practices for complementary and alternative care. Statements in this brochure are not intended to diagnose or treat disease and the statements herein have not been evaluated by the Food and Drug Administration.