



Dr. Robert Jay Rowen's

SECOND OPINION

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The Benefits of HGH Without the Cost or Side Effects

Reverses Osteoporosis, Fights Infections, and Stops Cancer

In recent issues, I've told you about the problems with human growth hormone (HGH) injections. Many of my alternative doctor friends use these injections regularly. However, I'm not convinced the benefits are worth the cost you might pay (both financially and with your health). Studies say HGH can contribute to diabetes, glucose intolerance, swelling in the arms and legs, carpal tunnel syndrome, and severe joint pain. Wouldn't it be great to get all the benefits of HGH without any of the side effects?

What you're about to read is an amazing story about a phenomenal God-given nutrient that can work wonders on your health. I regularly use this nutrient in my osteoporosis patients. I've had 100% stabilization and/or reversal of osteoporosis by using it incorporated with my program of nutrients.

But this supplement does a lot more than that. It's loaded with the real growth factor triggered by HGH, which is IGF-1 (insulin-like growth factor). Your body needs IGF-1 to produce new cells, repair tissue, and create leaner, meaner muscle mass while helping you burn fat. Human "growth hormone" only stimulates your liver to produce IGF-1. But by taking this supplement, you actually take the end product, which is much more efficient and effective.

But this supplement contains a lot more than IGF-1. It also contains fibroblast growth factor, transforming growth factor (TGF-b), and epithelial growth factor. These accelerate regeneration of muscles, tendons, and ligaments. It means faster recovery from injuries, and results in anti-aging effects. TGF-b assists osteoblasts to build bone and dramatically reduces osteoclasts, the cells that tear down your bone. This is why it works so well with osteoporosis.

Are you concerned about colon cancer? I've reported that the iron in meat, heme iron, is extremely corrosive to in-

testinal cells. It's so corrosive, research has connected meat with the gut cancer. This nutrient contains haemopexin, which strongly binds to heme iron. This means it can prevent up to 90% of meat's corrosive damage.

The nutrient also contains proline rich peptides. These, together with lactoferrin, can increase your natural killer cell (cancer cell and microbe invader killers) activity by a whopping 400%. That's much higher than any other natural substance!

What about gut issues like H. Pylori, irritable bowel, candida, or fungal overgrowth? If you suffer from any of these, this nutrient inhibits or kills these harmful pathogens, while assisting the "good guys" to replace them. And, its healing growth factors help your intestinal lining heal from damage caused by pathogens and their toxins.

As you may know, your gut is your first line of immune defense. Your gut MUST function well to break down food and prevent unwanted entry into your bloodstream of improperly digested particles and viable microorganisms which could trigger inappropriate immune responses: "autoimmune diseases." This nutrient assists in maintaining that all-important barrier. This could be of invaluable help in so-called "autoimmune" disorders. It even can help that part of your digestive tract you don't associate with digestion – your mouth and its lining tissues. It can be used for healing mouth ulcers, sores, sensitive teeth and speed recovery from dental work. It may even prevent the need for having some dental work in the first place.

What about hypertension? If your blood pressure is high, this nutrient's peptides can act as the ACE inhibiting class of blood pressure petrochemical drugs. However, unlike petrochemical drugs, there are no side effects.

You're probably thinking this nutri-

ent is just too good to be true. Well, if you were talking about a Big Pharma drug or a man-made synthetic nutrient, you might be right. But remember, God gave us this nutrient—and He intended for us to have access to it from the moment we were born. That's because this nutrient is colostrum. That's right! The very first food of life for you and for all mammals.

Strangely, many people don't know, or haven't even heard of colostrum. That's remarkable, for every mother on the planet has experienced that clear fluid that comes from her breasts right after delivery until her milk comes in three days later. And this wondrous fluid holds promise for wide-ranging challenges and needs. In addition to the benefits I just listed, it also can help with immune weakness, athletic performance, tissue healing and repair, weight loss, anti-aging, and detoxification. Here's how it works.

Humans and mammals come into the world from the sterile environment of the womb. At the moment of birth, a flood of microorganisms hits us. We have to live with, hopefully prosper from, or, perhaps die from these bugs. Our immune systems are totally virgin. They are incredibly immature. At birth, we have no in-born immunity generated by our own bodies toward anything, ANYTHING! So, how do we make it?

By design, our first food is this wonder from the mammary gland. It quite literally programs, guides, and directs our fledgling immune systems.

As I mentioned earlier, your intestines are your first line of defense against an incredible cornucopia of germs that will enter your body. New research has found a blur between where our own DNA ends and bacterial DNA begins. Your intestines harbor more bacteria than there are cells in your body. And, in a state of health, your intestinal flora work synergistically with your body. That is, while they help your immune system, your body provides a home for them.

Colostrum has loads of antibodies and peptides (short proteins), which instantly protect the newborn from pathogens. But just as important, it pro-

grams the gut immune system for long-term immunity. Lacking natural antibodies to pathogens, colostrum passively carries the immune system of the mother to her child. It contains massive amounts of immunoglobulins. It's quite possible that a child's whole life's health/disease state is programmed by what initially colonizes his intestine in the first days of life.

Many professionals believe that up to and perhaps over 85% of all illnesses (including degenerative conditions like osteoarthritis and Parkinson's) begin in the gut. How is that possible? Do you know anyone who has never had an antibiotic? Just about everyone in this country and most others has taken an antibiotic. Here's the problem. Antibiotics kill the good gut flora you received when you were born. That means it can completely derange your immune system. While perhaps saving your life today, antibiotics can induce the growth of bad microbes and leaky gut for tomorrow, jeopardizing your long-term health.

But don't you need antibiotics to fight infections? Hardly. Give colostrum a chance!

Colostrum prevents infection in multiple ways. It prevents bad germs from attaching to your gut lining, which otherwise would be the first step in invasion. Next, colostrum contains lactoferrin (a high 3-3.5% in bovine colostrum). Lactoferrin is a virtual antibiotic for your gut, but without any antibiotic toxicity. You see, it enhances the ability of beneficial germs to grow while hitting the bad ones. Lactoferrin binds free iron, a mineral necessary for bacteria, fungi, and candida to reproduce. But, it doesn't destroy the beneficial organisms! Lactoferrin can also penetrate and break the cell wall of bacteria, enabling their destruction. Also, colostrum contains lots of immunoglobulins to wipe out dangerous bugs. For children, it can be a first line of treatment for any intestinal disorder.

But what about adults? The same is true for you! But you can get additional protection. Colostrum can prevent and treat traveler's diarrhea and a number of other digestive problems. In fact, it can effectively fight H. pylori infections! Why use antibiotics when colostrum can do the job naturally!

As you can see, colostrum is a phenomenal nutrient. It does what no other nutrient can do. Now you can see why I've been such a big proponent of colostrum for years. But you must be wondering, "How can we ever get enough colostrum from humans?" Well, the good news is that antibodies and

growth factors in mammals cross species lines. The molecules are virtually identical. So colostrum proteins in a cow are essentially identical to our colostrum. And, bovine colostrum is particularly rich in these immune factors, up to 40 times that of humans. So we are able to harvest colostrum from our dairy cows.

But is colostrum safe? Well, there are no known contraindications or side effects reported after thousands of years of use. Allergy risk is slim. It's even okay if you have lactose intolerance, as there's no lactose in it. It's simply a perfect food containing the exact combination of synergistic components to jump-start the life process, and, which you can use at any age. Amazingly, that's not the end of the colostrum story. My colostrum mentor Douglas Wyatt recently rediscovered the incredible powers of colostrum and their ability to help adults, especially those with immune problems. Conventional medicine completely wiped out the immune system of Wyatt's wife, Kaye, when she was an infant. Her doctors irradiated her thymus gland. She was born with an enlarged thymus gland. This is normal in a newborn, as the immune system is on overdrive trying to overcome all the new microorganisms it has to battle. The gland eventually shrinks on its own. But her doctors insisted on using irradiation to force it to shrink. They proclaimed success and went on their way. It was a common practice.

Years later, though, those who had this poisoning done to them saw their immune systems act like a limp, wet washrag. It took a heavy toll on Wyatt's wife. Her immune system was in shambles by 1994. She was one of half a million so irradiated people. Most of them are dead now. She was miserable. To date, nothing had helped her overcome this poisoning: supplements, Chinese herbs, homeopathics, acupuncture, etc. Her desperation grew so deep, she approached Wyatt at one point and requested that he help her find a way to die. But instead, they turned to prayer. And wouldn't you know, a PhD friend "showed up" with a new suggestion: colostrum. Turns out, it was the way for her to live!

It clicked with Wyatt, since we are mammals, not plants. Plant chemicals are essential for staying alive, but don't provide the growth factors only mammal cells can make. He bought some dried colostrum and fed it to Kaye. Within days, her chronic low-grade fever broke and her leg swelling disappeared. This turned out to be the greatest life-changing event

for the Wyatts. She no longer needed the regular antibiotics she was taking. He then shared the substance with a stranger whose husband was made an invalid from diffuse allergies and drug treatment for the same. Hives covered his skin and even his mouth and esophagus. In one-and-a-half days on colostrum, they disappeared. The woman was a medical researcher. She got the Wyatts into the University of Utah database to do research on colostrum. They found thousands of articles on colostrum that no one knew about!

Wyatt then decided it was time to make both the information and the actual product itself available to the public. He quickly found out that dairy farmers considered colostrum a waste product and disposed of it. It was regulated only as an animal "feed" by the USDA. So he started collecting it from the dairy farmers. But he ran into a problem. The liquid colostrum had a shelf life of only a few weeks. That made it hard to sell.

With time, Doug developed ways to preserve dried colostrum and turned to pristine environmentally clean pastures for organic sources. His efforts awakened American dairy farmers to the value of nature's first food. As a result, colostrum has become more widely available. Wyatt has developed a line of colostrum products to support our bodies for a variety of immune-related challenges. The base product is Colostrum LD.

As you'd expect, our mature stomachs will be more effective in digesting proteins and peptides than an infant. So Wyatt developed a liposomal delivery (LD) for his colostrum. It protects colostrum from your stomach and digestive juices, greatly enhancing the bioavailability and usability of the colostrum. So Wyatt's product is far more effective than most on the market.

Who can benefit from colostrum? Most anyone. Who should take it? Anyone with immune challenges, chronic degenerative disease, and gut issues. I'm so taken by the phenomenal research on colostrum that I recommend Colostrum-LD® from Sovereign Laboratories. You can order it online at www.SovereignLaboratories.com. My recommended dose is two capsules, twice daily on an empty stomach for general use. You can double this dose if you have health challenges.

If you are a consumer, please visit www.SovereignLaboratories.com for more information.. If you are a healthcare professional, please visit www.ColostrumTherapy.com to register for professional pricing and protocols.